

**BUT WILL WE DO THIS?**

**Keep a Heart Free from Troubles and Fears**

Do not let  
your heart  
be  
troubled

Do not let  
it be  
fearful

Lord Jesus Christ  
John 14:27

Matt  
Volcan


Obeying this one commandment alleviates perhaps 98% of our pains and sorrows.

Or, saying it in another way, "**Maintain a heart that is free from troubles and fears.**"

Of course, we cannot obey this commandment without God's help, input, and His point of view of our situation(s) . . .

***"Apart from Me, you can do nothing." - Lord Jesus Christ***


As it has been said, "***Every command is a promise in reverse.***" (If He commands us to do something - He provides the strength and way to do it.)



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Obeying His commands TAKES WORK.

BUT ! . . .

